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CSA re-emphasizes Hawaii's role in Pacific theater

STAFF SGT. CASHMERE **JEFFERSON**

U.S. Army-Pacific Public Affairs

SCHOFIELD BARRACKS — Army Chief of Staff Gen. Raymond Odierno emphasized Hawaii's role in Asia Pacific strategy during his visit to the 25th Infantry Division, here, Tuesday.

Odierno arrived in Hawaii, Jan. 15, to begin an Asia-Pacific theater tour, his first overseas trip as the 38th Army CSA.

"I think the number of Soldiers assigned to the Pacific will be generally the same. You won't see a significant decrease here."

Gen. Raymond Odierno Army Chief of Staff

Odierno said he believes Hawaii is vital as a base where the Army can use its ability to engage throughout the Pa-

"It enables us to have forces forward to station and deploy forces further forward if necessary," he said. "It will be critical, and the plan right now is to sustain two brigades here and a combat aviation brigade. We'll continue to review that over time, but today that's what our plan is."

Odierno spent time with the U.S. Army-Pacific and U.S. Pacific Command senior leaders to discuss the future of the Pacific and the Army's role in the Pacific based on the rollout of the president's new strategy.

"I thought it was important that I come here and have initial discussions, so we start thinking about how we will use the Army forces here in Hawaii and all Army forces in order to support our objectives in the Pacific region," he said.

Odierno also visited brigade and company commanders, military spouses and Soldiers. He discussed leadership values, adhering to basic military standards and the future of the Army as it faces downsizing.

"I think the number of Soldiers assigned to the Pacific will be generally the same," he said. "You won't see a significant decrease here. The additional thing you'll see is that as we reduce our commitment now that we are out of Iraq and reducing our structure in Afghanistan, you'll see more of the (continental U.S.)-based force who will be available to conduct operations in support of any combatant commanders, but also to support what is going on here in the Pacific."

Odierno added that as the Army continues to look forward, Army forces from CONUS will be aligned with forces







Top — Army Chief of Staff Gen. Raymond Odierno (right) shakes hands with Sgt. 1st Class Floyd Dodwell, manager, 2nd Brigade Combat Team's Warrior Inn dining facility, at Schofield Barracks, Tuesday, as Maj. Gen. Bernard Champoux, commander, 25th ID. looks on.

Above Left — During his visit to Schofield Barracks, Odierno (center) poses for a photo after having lunch with 2nd BCT and 25th ID senior leaders and their spouses.

Above Right — Pvt. Edward Harmon, food service specialist, 2nd BCT, 25th ID, preps dessert for the Army's chief of staff.

use these forces to meet requirements they have developed in the region, he said. He noted that these missions could be training exercises, militaryto-military engagements or rotating forces to train company-to-company level with other nations.

He added that the support of the military by Oahu's community continues to be dynamic and growing steadily.

"I have been here before, but it's my first time as the chief," he said. "First,

from the Pacific region. PACOM could (I'm impressed with) how dynamic the island is and the commitment the (Oahu community) has to our military forces. The great support that they've given (our Soldiers) as they've deployed to Iraq and Afghanistan and as they continue now to pursue their mission in the Pacific is critical.

"So, I'm impressed with that relationship and am very happy with it, and I want to thank the people of Hawaii for their great support for our Soldiers who are here, "he added.



Staff Sgt. Cashmere Jefferson | U.S. Army-Pacific Public Affairs

Army Chief of Staff Gen. Raymond Odierno (center) greets Soldiers during his visit to Schofield Barracks, Tuesday.

25th CAB deploys for OEF

Story and Photos by SGT. DANIEL SCHROEDER

25th Combat Aviation Brigade Public Affairs, 25th Infantry Division

WHEELER ARMY AIRFIELD — This week, the 25th Combat Aviation Brigade "Wings of Lightning," 25th Infantry Division began its deployment to Afghanistan in support of Operation Enduring Freedom.

The brigade's fighting force consists of more than 2,300 Soldiers and equipment, including OH-58D Kiowa Warriors, UH-60

See 25th CAB, A-7



Staff Sgt. Julio Riveraperez, Company C, 3rd Battalion, 25th Avn. Regiment, 25th CAB, 25th ID, holds his daughter, Jan. 4, before he deploys to Afghanistan in support of OEF.

Tax center opens

ROCHELLE SMOLINSKI Contributing Writer

SCHOFIELD BARRACKS — It's that time of

With the new year underway and tax forms trickling in, the process of filing taxes for 2011

But no one has to grind all that paperwork

While commercial tax centers require a fee for services rendered, the Hawaii-Army Tax Centers, here and at Fort Shafter, provide a free income tax filing service for all service members, their family members and retirees.

The tax center held a grand opening

See TAXES, A-7

ACU updates | A-3

Army close to selecting new set of camouflage patterns.

Fellows graduate | A-5

U.S. Army Garrison-Hawaii hosts graduation for 13 Fellows.

Martial artists B-1

TAMC hosts Combatives Tournament.



Great Aloha Run | B-5

Registration is now open for the 28th annual 8.15 mile run.

Defective equipment (i.e. headlight, tail light,

Failure to wear protective equipment: 1

Failure to display registration: 2

Suspended drivers license: 8

Failure to use turn signal: 3

Drivers view obstructed: 1

Open container: 1

Excessive noise: 1

No safety inspection: 2

Disregard red light: 3

Expired insurance: 2

No license: 16

Expired license: 2

Unsafe backing: 2

Impeding traffic: 2

Open lewdness: 1

Driving left of center: 2

No front license plate: 1

No reconstruction permit: 2

Crossing double yellow line: 1

Failure to control pet: 3

Driving without a license: 7

Expired registration: 60

turn signal): 16

No seatbelt: 3

We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3488, or e-mail editor@ hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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Wearing protective gear is not optional

COL. LA'TONYA D. LYNN

Commander, 8th Military Police Brigade, 8th Theater Sustainment Command, and Director, Directorate of Emergency Services, U.S. Army Garrison-Hawaii

Welcome to Top Cop. The goal of this monthly column is to provide crime data to our military communities throughout U.S. Army Garrison-Hawaii, to increase

awareness, which will aid in crime prevention.

The Directorate of Emergency Services, USAG-HI, uses crime statistics to determine patrol distribution and to maintain safety and security within our commu-

I would like to explain the policy that outlines the requirement for protective equipment. Policy memorandum Installation-1,

"Discipline, Law and Order," section gg states, "It is mandatory for all skateboard riders, scooter riders, roller and inline skaters to wear protective pads on their knees, elbows, shoes that cover the entire foot, and

The policy, however, does not cover bicycle protective gear. This information is covered in Hawaii Revised Statute 0291c-0150, which states that no person under the age of 16 may operate a bicycle without

Violations of this statute will result in the parent/guardian receiving a \$25 fine. Army Regulation 385-10 (The Army Safety Program) covers the requirements for all personnel, to include family members, on a military installation.

Section 11-11 states "Bicycle helmets approved by the consumer product safety commission will be worn by all personnel including family members who ride bicycles on Army installations."

In reference to motorcycles, the Department of the Army Motorcycle Safety Handbook and AR 385-10 (11-9) state, "All Soldiers, DA civilians in a duty status, and all personnel on an DA installation must properly wear the personal protective equipment listed below while operating or riding a motorcycle."

Since motorcycle accidents are one of the leading

From Dec. 1-31, 2011, the Schofield Barracks Provost Marshal Office, or PMO, reported a total of 268 cases for both areas of operation, or AORs. Outlined below is a listing of these cases.

Those involving alcohol: 9 Service members apprehended: 23 Family members apprehended: 11

Larcenies

Unsecure/unattended: 28 In housing area: 27 In public area: 31

Traffic accidents

Involving injuries: 3 Damage to property: 17

Driving under the influence

Service members apprehended: 8 Family members apprehended: 3 Civilians apprehended: 1

Traffic citations

Cell phone violations: 5 Speeding violations: 104 Failure to stop at posted stop sign: 39 No insurance: 6 Expired safety inspection: 89 Parking violations: 32 Improper turns: 3 No vehicle registration: 10 Failure to register out of state plates: 7

Use of a weapon on a military post (air soft): 1 Fail to register weapon on post (air soft): 1 Report any suspicious behavior or witnessed

criminal acts to law enforcement personnel at Schofield Barracks at 655-7114 or at Fort Shafter at 438-7114.

causes of death among service members, it's important that all Soldiers and family members adhere to these safety regulations.

A helmet that meets the Department of Transportation requirements and fastens under the chin will be worn with shatter resistant glasses/goggles or a full-face shield.

The Army specifically requires the rider to wear leather boots or over-the-ankle shoes. Long sleeve shirts, pants, and full-fingered gloves are also required.

These safety requirements are to protect our service members and family members from severe injury while operating a motorcycle.

Ultimately, it's the responsibility of sponsors to ensure that their family members know the rules and regulations regarding the wear of safety equipment on military installations.

If you witness family members or Soldiers that are not adhering to the regulations inform the Military Police/DA civilian police.

FINTSTEPS in FAITH —— God is greater than 'giants'

CHAPLAIN (MAJ.) FLORIO F. PIERRE

Rear Detachment Family Life Chaplain, 25th Infantry Division

While we were stationed in Darmstadt, Germany, my wife

went to see a doctor because she was experiencing some abdominal pains. The doctor did some blood tests, but could not diagnose what was wrong with her.

After the test results came back a few days later, he sent my wife to a specialist

and put in his referral papers for have been different, right? the specialist to check for Hodgkin's Disease.

Pierre

Terrified by this request, my wife came home fearful and concerned about the future of our children and started doing some re-

search on this disease. When I came home later that day, I found my wife searching the Internet to find out what this disease was all about. According to my wife, the doctor's diagnostic assumption was right because the symptoms were all there.

Satan often times brings the right giant into our lives, with all the right symptoms to paralyze us into thinking falsely about our fu-

I have seen a great number of not only doctors but God-fearing people misdiagnose their giants and call the circumstances the giants. One may have cancer, but many cancers are curable. So, the real giant that they have to deal with is their fear of death and not the cancer.

Often times when couples fight over finances, the real culprit is something else. When one peels back the layers of the onion, one finds that the real giant under-

neath is not finance but fear or lack of faith in the God who provides all things to us out of his

Furthermore, misinformation about what the real giants of our

> lives are can leave us to focus on the wrong issues in our lives.

> When the Apostle Paul faced the circumstance of a "thorn in his flesh," or physical malady, he wanted to instantly get rid of it.

"Immediately, God," would have been my request, but yours would

I would have been like Paul, I do not like pain. What Paul did not realize is that without pain there is no glory in the grace that God supplies.

We need to get a proper view of the grace of God like Paul did in 2 Corinthians 12:7-10.

Paul says: "And lest I should be exalted above measure through the abundance of the revelations, there was given to me a thorn in the flesh, the messenger of Satan to buffet me, lest I should be exalted above measure. For this thing I besought the Lord thrice, that it might depart from me.

"And he said unto me, my grace is sufficient for thee, for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake. For when I am weak, then am I strong."

When we change our view of God, our giants don't seem so big any more. When our view of God is right, our giants are more manageable.

Hazing has no place in the Army







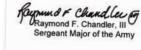
You should be aware of recent allegations of hazing within the ranks of our Armed Forces, and we want to take this opportunity to clearly address these troubling reports. We echo the emphasis that Secretary of Defense Panetta and Chairman Dempsey have placed on this matter. Every Army professional has a personal obligation to prevent hazing and ensure that we treat all of our comrades in arms with dignity and respect.

Hazing is not compatible with Army Values. The very foundation of what we do depends on trust, and trust depends on the treatment of all Soldiers with dignity and respect by fellow Soldiers and leaders. Without this, our profession is placed in jeopardy, our readings outface and our mission suppose in a trick. our readiness suffers and our mission success is at risk.

Hazing, in any form, has no place in our Army and will not be tolerated. This applies at all levels to all Active, Guard and Reserve Soldiers, Civilians and contractors. This is not new. Hazing has been explicitly prohibited by Army Regulation 600-20 and the Uniform Code of Military Justice for many years. Individuals who participate in, allow or condone hazing may be subject to disciplinary action that may include nonjudicial punishment or court-martial.

We recognize that leaders must enforce standards and exercise strong leadership and that this may include organizing team-building activities. This does not, however, allow for any activity that crosses the line and results in an abuse of power and deliberate humiliation. Effective leaders must never participate in, allow or condone hazing. We expect every member of the Army, military and civilian, to vigilantly guard against any form of hazing and to report any incident of hazing to the chain of command.

As stated by Secretary Panetta, this has a direct impact on force readiness. At this n our Nation's history, the stakes are simply too high for us to fail. Our professional values are one of the essential components that make us who we are – the best Army in the world and the Strength of the Nation. Army Strong!



General, United States Army

By Bob Rosenburgh



Jan. 16 was Martin Luther King Jr. Day

What does Martin Luther King Jr.'s legacy mean

Photos by 9th Mission Support Command Public Affairs

"It stands for



"To secure progress on civil rights and that it bility to ensure his vision is embodied in our daily actions both at home and while deployed." 1st Sgt. Andrew

Green HHC, 9th MSC up today are far less prejudiced against other Americans on the basis of skin color, ethnicity, faith or sexuality than any previous generation.'

'More kids growing

D. Jerome Lee

4960th MTB, 9th MSC

word that comes to mind is equality and how far we have come and how far we need to go."

"(The) first

Capt. Michael 302nd Terminal Trans. Bn., 9th MSC



wisdom and morally founded justice to all men, women and children no matter what the color of their skin is.'

Spc. Erik Lowe HHC, 9th MSC



means that with perseverance, hope and faith, we can reach the equality and freedom that we all deserve, no matter what color, race or sex we are.'

"For me, (his) legacy

Marybeth Racette Database and Recycling, DIM Environmental Division, USAR Theater Support Group



The OCP camouflage pattern, pictured above, helps Soldiers blend in better in Afghanistan's terrain. The Army is developing a new set of uniform patterns for all Soldiers, as part of the Phase IV camouflage effort.

Army one step closer to replacement of ACU pattern

C. TODD LOPEZ Army News Service

 ${\it WASHINGTON-The\ Army\ is\ now\ one\ step}$ closer to selecting a new set of camouflage patterns that could replace what Soldiers are wearing now, in most places.

As part of the Phase IV camouflage effort, the Army awarded contracts to five vendors, selected from an initial 20, to each provide enough fabric in the new camouflage patterns they have developed to produce 150 uniforms for the Army to test.

Each vendor had been asked to produce a "family of camouflage patterns," including one that would be suitable in a woodland environment, one that would be suitable in a desert environment and one that would work in a transitional environment.

The Army will spend the next nine months testing the effectiveness of those patterns.

"To really have confidence in being able to make a recommendation to senior leaders, we need to do field trials," said Col. William Cole, Program Executive Office Soldier. "We are looking forward to getting out into the woods, into the deserts, into the transitional areas and having real Soldiers wear these uniforms and have real Soldiers

Cole said the Army will use both real-world testing in varying terrains and conditions, as well as more advanced computer testing to evaluate the patterns.

"We're going to put them through the ringer," he said.

Due to the varying types of terrain Soldiers operate in, Cole said the Army had found that "we can't really have one pattern that is as effective as we'd like in every single terrain type."

Today, most Soldiers wear the Army Combat Uniform. The ACU bears the Universal Camouflage Pattern, the familiar grey/blue digital pattern. In Afghanistan, Soldiers also have the Operation En-

during Freedom Camouflage Pattern, or OCP, available for wear.

The vendors each developed three patterns with the same geometry, the shapes on the fabric, but with different color palettes. Additionally, the vendors were to develop a fourth coordinated pattern, or name one of the three already in their family of patterns, that would work well with all three patterns.

That fourth pattern is for use on organizational clothing and individual equipment, or OCIE.

Cole said that OCIE, things like belts, protective vests, ruck sacks and plate carriers, are more expensive than a Soldier's regular uniform.

The Army doesn't want to maintain OCIE in each of the three patterns, so instead the Army will have it in one pattern that looks good with all three of the uniform pattern variants.

Cole said other organizations have OCIE that is a solid color, but he said "we were hoping we could do better than that," and the Army asked industry to come up with an OCIE pattern to break up solid color "and still look good on all three uniform patterns."

'We had seen some examples of grossly mismatched OCIE in uniforms in the early part of Iraqi Freedom — we didn't want to have any telltale signs of where the OCIE, the vest and armor stopped and where the rest of the body began," Cole said.

Many vendors have chosen their transitional pattern for use on the OCIE, Cole said.

Each of the five vendors will now produce enough fabric to create 50 uniforms out of each of their three submitted patterns — for a total of 150 uniforms from each company. In all, the Army will have 750 uniforms for use in its testing.

Cole said that in October, PEO Soldier will have completed testing of the patterns and will be able to make recommendations to Army senior leadership about the way ahead.

Army suspends migration to Joint Enterprise Email system

MARGARET MCBRIDE Army News Service

WASHINGTON — The Army has suspended its migration to Joint Enterprise Email to comply with provisions in the fiscal year 2012 National Defense Authorization Act, or NDAA, signed into law Dec. 31, 2011.

The Army expects that full operating capability for Joint Enterprise Email users on the nonclassified, non-secure Internet protocol router network, or NIPRNet, previously planned for March 31, will slip at least 45 days and possibly more, officials said.

"The Army is using email services from the Department of Defense private cloud instead of obtaining email from local email servers at each installation," said Lt. Gen. Susan Lawrence, Army chief information officer.

Joint Enterprise Email users with a common access card, or CAC, can access email from anywhere in DOD, and collaborate with any user worldwide via the DOD Global Address List and enterprise calendar sharing.

"We are significantly improving capabilities and security, and simultaneously reducing costs," Lawrence said.

The Army has projected \$500 million in savings over five years.

The restrictions on migration pertain to the Army; other organizations are not affected.

maintenance of organizations and sites already migrated to Joint Enterprise Email.

Per the NDAA, the Army cannot use fiscal year 2012 funds to start migration of new organizations and installations to Joint Enterprise Email until 30 days after the report to Congress is delivered.

The Army is preparing the report.

Migrations currently scheduled for January-March 2012 will be rescheduled, pending submission of a report to Congress by the Secretary of the

Planning for NIPRNet Enterprise Email migration of still-unscheduled Army organizations

The Army will continue sustainment and and activities with operationally related temporary extensions will continue, with migration targeted for the June 2012-March 2013 timeframe,

More than 302,000 Army and Joint Service users supported by the Army have already migrated — 44 percent of the March 31 goal. The delay will impact about 234,000 Enterprise users and 400,000 webmail-only users.

A revised NIPRNet Enterprise Email migration schedule is expected in early February, offi-

The Army secure network, or SIPRNet, Enterprise Email transition is still expected to occur from April 1- Sept. 30.

USAPHC deploys air monitoring vehicle

JANE GERVASONI

U.S. Army Public Health Command Public Affairs

ABERDEEN PROVING GROUND, Md. — The U.S. Army Public Health Command has a new weapon in its arsenal to keep Soldiers, families, retirees, and Army civilians safe from airborne environmental hazards.

Environmental health experts at USAPHC have equipped a Mobile Ambient Air Monitoring System, or MAAMS, capable of rapid deployments to locations affected by air quality hazards, such as Arizona, which experienced heavy smoke from

"We deployed the MAAMS at the request of the Raymond W. Bliss Army Health Center Preventive Medicine Department to monitor air quality for the Fort Huachuca, Ariz., community," said Terry Meade, MAAMS project manager, Deployment Environment Surveillance Program, US-APHC. "Our job was to determine if the air quality in the Fort Huachuca community was affected by the particulate matter and gasses produced by the wild fires."

Contaminants like sulfur dioxide, nitrogen oxides, ozone and carbon monoxide are found in the air we breathe, but high concentrations of these compounds along with high amounts of particulate matter, or dust, can cause breathing problems. The equipment in the MAAMS monitors meteorological conditions, including temperature, air pressure, wind speed and wind direction, as well as these contaminants.

"People on the installation were fortunate the winds were in their favor and kept most of the smoke to the south," Meade explained.

The equipment is designed to support envi-

ronmental assessments like this. The USAPHC also has three trailer-mounted MAAMS, but the Fort Huachuca deployment was the first for the truck-enclosed system.

The system is a self-contained, environmentally controlled vehicle, housing a suite of instruments that continuously monitors for pollutants.

USAPHC uses Environmental Protection Agency criteria in determining air quality.

"Our work at Fort Huachuca provided us with a better overall picture of the community's air quality. From a public health standpoint, having a complete picture during a situation like this enables us to identify potential health effects and give information to commanders so they can provide necessary warnings appropriate for the conditions," said Lt. Col. Sheryl Kennedy, program manager, DESP.

"We learned a lot on this deployment," Meade said. "We learned to be aware of logistical considerations, including locations of power sources and Internet connections, to ensure data transfer back to our headquarters. It gave us the opportunity to anticipate problems so we can prepare in advance for contingencies to ensure mission success. The science behind what we do is unique, being able to provide important health surveillance data rapidly will help commanders make science-based decisions to keep their peo-

'We hope to raise awareness in the military community of the capabilities of the (MAAMS)," Kennedy added. "We want commanders to be aware that this tool is available to them to provide real-time air-quality monitoring."

USAPHC is looking at other locations that may



Christina Graber | U.S. Army Public Health Command

USAPHC's MAAMS vehicle, as seen here, is capable of rapid deployments and is often used to monitor air quality. The system is a self-contained, environmentally controlled vehicle, housing a suite of instruments that continuously monitors for pollutants.

benefit from the mobile monitoring capabilities of the MAAMS equipment.

"We are discussing the feasibility of deploying this type of monitoring platform in support of Operation Enduring Freedom to help assess air quality issues within Afghanistan," Meade said.

"The rapid deployment capability of the system and its ability to collect real-time data is a real asset that commanders can resource during serious incidents where air quality is a concern," said Brig. Gen. Gregg Potter, commander, U.S. Army Intelligence Center of Excellence, Fort Huachuca, during his observation of the vehicle's performance.

(Editor's Note: Information contributed by the "Fort Huachuca Scout" newspaper.)

USAG-HI Fellows graduate from program

JOCELYN CHANG-CHUCK Work Force Development Office, U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — The U.S. Army Garrison-Hawaii Fellows Program graduated its first class, here, recently.

Overseen by USAG-HI's Workforce Development Division, the 12-month Fellows Program grows civilian leaders, supervisors and staff. The program supports Installation Management Command's Line of Effort, or LOE, 3 for Leader and Workforce Development.

Through the year, Fellows visited nine USAG-HI directorates and activities to learn more about the garrison's mission of supporting Soldiers and their families. They also attended luncheons with USAG-HI senior leaders.

USAG-HI Fellows Program

Applications are now being accepted for the 2012-1213 USAG-HI Fellows Program. Applicants GS-7 and above or equivalent are eligible for the program. The suspense date for applications has been extended to Jan. 31. Call Jocelyn Chang-Chuck at 655-9037 or email Jocelyn.changchuck@ us.army.mil. Employees who completed the Growing Leaders and Enhancing Leaders courses are highly encouraged to apply.



Vickey Mouzé | U.S. Army Garrison-Hawaii

USAG-HI Fellows pose with Black Hawk pilots and crews, at the Pohakuloa Training Area on the Big Island, before returning to Schofield Barracks, April 20, 2011.

Also, Fellows attended several garrison meetings throughout the year to link their visits with organizational challenges.

Graduation day began with a practice run of their project presentations, followed by a luncheon with senior leaders.

During graduation, the Fellows presented their team projects. All projects were linked to one of IMCOM's LOEs and

keys to success.

Project topics included energy conservation awareness, education center informational awareness, a Microsoft Office application competencies assessment, streamlining processes for family travel section and a community programs initiative.

It is the Fellows' hope that their projects will be implemented soon.

USAG-HI Fellows Program Graduates

Jay Lynn Angeles, DPW Micah Bargas, DHR Bambi Bjugstad, DPW

William Brazill, DPW Angelita Dizon, DHR Gary Ikeda, NEC Katy Kluck, DFMWR Brenda Mance, DOL Carlos Munguia, DRM Robert Musgrove, DPW Frankie Salas, HHD, USAG-HI Michelle Santos, IRO Aimee Wond, DFMWR

Former PACOM commander to lead APCSS center

ASIA-PACIFIC CENTER FOR **SECURITY STUDIES** Public Affairs Office

HONOLULU — A former U.S. Pacific Command deputy commander has been selected as the new director of the Asia-Pacific Center for Security Studies.

Retired U.S. Air Force Lt. Gen. Dan Leaf became the new director for the center, Tuesday.

Leaf returns to government service from his prior role as vice president of full spectrum initiatives at Northrop Grumman Information Systems. Leaf retired from the U.S. Air Force in 2008, after more than 33 years of service. His last active duty assignment was as deputy commander, PACOM, at Camp H.M. Smith, here, from 2005-2008.

Prior to that, Leaf served as vice commander of Air Force Space Command at Peterson Air Force Base, Colo., and as the

Air Force director of Operational Requirements at the Pentagon.

Leaf has been a member of the Air Force Scientific Advisory Board since 2009, and currently serves on the Executive Board of the Fairfax County-

Falls Church Partnership to Prevent and End Homelessness.

During his Air Force career, Leaf com-

manded operations at the squadron, group and wing levels, and commanded the 31st Air Expeditionary Wing during Operation Allied Force.

"It will be an honor to serve as director of APCSS," Leaf said. "I developed great respect for the mission and the people of the Center during my time at PACOM. The focus on the Pacific region is growing; the APCSS team provides national security outreach and education that significantly enhances peace and stability in the region."

Leaf replaces retired Lt. Gen. Ed Smith who served as director from August 2005-June 2011. Retired Brig. Gen. Jim Hirai, deputy director, APCSS, has been serving as the acting director in the interim.

A-6 | JANUARY 20, 2012 HAWAII ARMY WEEKLY

2012 Excellence Awards to honor best practices

U.S. ARMY GARRISON-HAWAII **PUBLIC AFFAIRS OFFICE**

News Release

SCHOFIELD BARRACKS — Nominations are now being accepted for the 2012 Excellence in Federal Government Awards for military and civilian employees in Hawaii.

This awards program is sponsored by the Honolulu-Pacific Federal Executive Board Policy Committee and recognizes federal agencies and their employees.

Nominations are due to U.S. Army-Pacific by Jan. 27. The luncheon and expo will be held April 13 at the Sheraton Waikiki. More details are forthcoming.

The Honolulu-Pacific FEB holds this annual event to recognize exemplary federal employees for their efforts, leadership and/or initiative. As well, the FEB uses the event to assist federal agencies:

•To celebrate innovation and quality work performed by federal agencies and employees;

•To learn about other agencies' best prac-

•To attract and retain talented workers through an agency expo;

•To take advantage of free workshops; and •To promote the excellent work of federal

agencies through local media. Agencies can submit one nomination in each of the nine award categories that recognize individual and team accomplishments in 2011. No overall winner will be recognized in each category; instead, this year's focus is on ac-

knowledging each nominee. Every agency submission will receive an award for the specific nomination category and be recognized at the luncheon. Specific criteria are available at the FEB website: www.honolulu-pacific.feb.gov.

The Excellence in Federal Government Awards Program is one of the FEB's most successful events of the year, typically drawing an audience of more than 1,200 awardees, their families, friends, managers and peers to the luncheon.

Excellence in Federal Government

Call Jackie Sablan at 438-6766, or Laurie Dieckhoner at 438-4190 for more details. For awards criteria, visit:

• www.honolulupacific.feb.gov



Strategic-plan offsite to enable USAG-HI to be resilient, sustainable for the future

PLANS, ANALYSIS AND INTEGRATION OFFICE; U.S. ARMY GARRISON-HAWAII News Release

FORT SHAFTER — During the past few years, a profound shift in the U.S. and global economies has led many to believe we have entered a fundamentally new era in which the U.S. Army will receive significantly less resources.

Many view the concept of the Army's mission in much broader terms than in the past.

This new era that focuses on fiscal responsibility involves more than just budgetary reductions; it

have, and the garrison's capabilities for devel-At the same time, the second decade of the

21st century begins with many questions and few answers concerning the changing Army

mission and the appropriate choices our garrison must make to address the mission.

Therefore, 85 U.S. Army Garrison-Hawaii visionaries gathered this week at the Hale Ikena, here, for a strategic planning offsite to identify and analyze the challenges and opportunities for U.S. Army Garrison-Hawaii and to

> develop strategic objectives, action plans and performance indicators that will posture our organization

for success, now and into the future. Leaders and representatives from throughout the USAG-HI community, stakeholders and partners, as well as data collected

affects the people needed, the skills they must from garrison customers and employees through focus groups, surveys and other feedback mechanisms, were used to discuss, plan and chart ways to improve processes, save resources and better serve and support our Soldiers, family members and civilians.

Led by Col. Douglas Mulbury, commander, USAG-HI, and facilitated by Jennifer Mootz, chief, Plans Analysis and Integration Office, the three-day conference will redefine the garrison's vision, mission and values, and will develop a strategic plan nested in the Installation Management Command Campaign Plan's six major lines of effort, or LOEs:

Soldier, family and civilian readiness;

- ·Solider, family and civilian well-bein;
- Leader and workforce development;
- Installation readiness;
- Safety; and

•Energy and water efficiency and security. LOE teams and their team's champions will develop action plans to address goals, milestones and measures to support the strategic plan — a key component in the garrison's integrated management system.

The plan will enable USAG-HI to be both resilient and sustainable for the future.

News Briefs

Send announcements for Soldiers and civilian employees to community@ hawaiiarmyweekly.com.

23 / Monday

Tax Center — The Hawaii Army Tax Center at Schofield Barracks will be open for appointments for E4s and below, 7 a.m.-4 p.m., Jan. 23-24, and will be accepting appointments for everyone else starting Jan. 25.

The Hawaii Army Tax Center at Fort Shafter Tax Center is booking appointments, 9 a.m.-3 p.m., Tuesdays and Thursdays, beginning Jan. 26. Call 655-1040 for either location.

GSA Closure — The General Services Administration's Customer Supply Center at Hickam Air Force Base will close for annual inventory, Jan. 23-27. Customers can shop at the GSA Schofield Barracks store during this time.

The GSA Schofield Barracks store will close for inventory Jan. 30-Feb. 3. Customers can shop at the GSA Hickam store during this time. Call 448-8937, ext. 241, or

February

2 / Thursday

Blended Learning Meeting - Parents of third- and fourthgraders can learn more about Hale Kula Elementary School's blended learning initiative pilot program for School Year 2012-2013, 8 a.m. or 6 p.m., Feb. 2, in the Hale Kula cafeteria. RSVP at http://goo.gl/wsskj.

15 / Wednesday

Black History Celebration - Everyone is invited to celebrate Black History Month, 10 a.m., Feb. 15, at the Sgt. Smith Theater, Schofield Barracks. Guest speaker is Libra Forbe of Utopian Academics for Military Children. Call 808-655-4901 or email judith.h.atkinson.mil@mail.mil.

Ongoing

New Post Office Hours -Business hours have changed at the Fort Shafter and Tripler Army Medical Center Post Offices, effective Jan. 16. Hours were changed to reduce costs and to restructure operations.

New hours are:

- •Fort Shafter, 1-4 p.m.
- •TAMC, 8-11 a.m.

Traffic Lights — All traffic lights at the intersections on Schofield Barracks will be flashing red, 8 p.m.-6 a.m., daily. All motorists shall stop at the intersection with the flashing red, yield to cars with the right of away and then proceed into the intersection with caution. Call 655-1333.

Retention Policy — Soldiers with an expiration time of service date, or ETS, of Sept. 30 or earlier need to re-enlist by Jan. 31. The 90-day window still applies and no exceptions will be made.

Soldiers with an estimated time

of service, or ETS, date that falls in fiscal year 2013 (Oct. 1-Sept. 30, 2013) will be notified after Army guidance and policy have been released.

Exceptions for Soldiers with a fiscal year ETS date to re-enlist are provided on a case-by-case basis for deployed Soldiers.

Call Master Sgt. John Stiles, Retention Operations, U.S. Army-Pacific, at 438-1123 or your resident retention office for more de-

Ohana Clinic — Tripler Army Medical Center's Warrior Ohana Medical Home is accepting enrollment. The center is a full-service, primary care clinic and is open 8 a.m.-4:30 p.m., Monday-Friday, at 91-1010 Shangrila St., Ste. 100, in Kalaeloa. Call 433-5401/5402.

TARP Training — Hawaii's Army Counterintelligence Office holds monthly Threat Awareness and Reporting Program, or TARP, training throughout different locations in Hawaii. Call 655-1306/9501 for locations.

Taxes: Appointments are now required

CONTINUED FROM A-1

ceremony, here, Tuesday, and is now open to ranks E4 and below, Jan. 23-25, and will open its doors to everyone Jan. 25.

"You need to have a genuine skill set to be able to do this job and you certainly would not want Roger Matthews filing your taxes," said Maj. Gen. Roger Matthews, deputy commander, U.S. Army-Pacific, during his remarks at the center's grand opening. "These Soldiers are taking time away from their units to provide this invaluable service to our community, and they are doing important work at the tax center."

This year, the tax centers will be by appointment only due to long wait times experienced by filers last year.

"When I heard the wait times exceeded more than four hours last year, something had to be done," said Capt. Amy Dewitt, judge advocate, U.S. Army Garrison-Hawaii and officer in charge, Hawaii Army Tax Center at Schofield Barracks. "That is far too long to wait, which is why we are by appointment only this year."

To make tax filing even easier, the Hawaii Army Tax Centers will now accept and complete dropped off 1040-EZ forms, email the completed forms for review, then file the forms after the filers authorizes them.

Free, professional tax advising saves money, and the staff wants to save even more for their filers. The team set a new record last year by filing more than 3,500 tax returns, totaling more than \$9 million in refunds, up 1,000 returns and more than one million dollars from the previous fiscal year.

"I was just amazed at the cost avoidance to our families last year," Matthews said. "The military is a great lifestyle because we take care of one another."

Dewitt said she hopes to exceed last year's figures, adding that the tax center's 23 staff members can file eight returns per hour.

The tax center staff asks that individuals bring all the following required documents:

•Military ID cards and social security cards for family members.



Vanessa Lynch | Honolulu Star-Advertiser

Maj. Gen. Roger Matthews (left), deputy commander, USARPAC, tells Capt. Amy Dewitt, JA, USAG-HI, and OIC, Hawaii Army Tax Center at Schofield Barracks, how impressed he is with the center's staff and appearance, during its grand opening ceremony, Tuesday.

•Bank account and routing numbers for direct deposit of tax refunds.
•Pay or income stubs received for

All forms of income must be reported. Spouses will need to show a

form of ID that lists their social security number.

Spouses filing "Married Filing Jointly" will need to bring a power of

attorney, signed by the unavailable

spouse, who should allow the spouse to sign the return on his or her behalf.

While Form 2848, "Power of Attorney and Declaration of Representative," can be downloaded at www.irs.gov, a clause allowing a spouse to file taxes is oftentimes in-

ney for deploying Soldiers.

For a complete list of what tax documents to bring and updated

cluded in special powers of attor-

wait times for walk-ins, visit www.Facebook.com and search for "Hawaii Army Tax Centers."

The Hawaii Army Tax Center, here, is open to all ranks, family members and retirees for free assistance in organizing and completing 2011 income tax forms, on an appointment-only basis, 7 a.m.-4 p.m., Monday-Friday, through April 29, at Building 648, next to the Sgt. Smith Theater.

The Hawaii Army Tax Center at Fort Shafter is located in the Aloha Center, and its hours are 9 a.m.-3 p.m., Tuesdays and Thursdays.

Soldiers, family members and retirees can schedule their appointments for either location by calling 655-1040.

(Editor's Note: Vanessa Lynch, news editor, contributed to the content of this article.)

Important Tax Documents

Military, family members and retirees must bring the following forms, as applicable, to file their tax returns:

Form W2, Wage and Tax Statement, showing wages.

- •Form 1099-INT, Interest Income, showing interest earned from bank accounts.
- $\bullet Form$ 1099-DIV, Dividends and Distributions, showing dividend income.
- •Form 1099-B, Proceeds From Broker and Barter Exchange Transactions, showing capital gains.
- •Form 1099-MISC, Miscellaneous Income, showing rental income received during the year.



Chief Warrant Officer 2 Charles Basham, Company D, 3rd Battalion, 25th Avn.Regiment, 25th CAB, 25th ID, watches his daughter open a care package before he deploys to Afghanistan in support of OEF, on Wheeler Army Airfield, Jan. 4.

25th CAB: Brigade deploys

CONTINUED FROM A-1

Black Hawks and CH-47 Chinook helicopters from here, and AH-64 Apache helicopters from Fort Carson, Colo.

The 25th CAB's primary mission is to operate in several key regions of Afghanistan, executing air assault, air movement, resupply and counterinsurgency operations.

The brigade conducted three training rotations at Pohakuloa Training Area on the Big Island and a culminating training exercise over various training sites in preparation for the de-

ployment.

"The Soldiers of the 25th CAB are well trained, highly motivated and well prepared for the mission ahead in Afghanistan," said Col. Frank Tate, commander, 25th CAB.

A detachment of Soldiers will stay behind to support deployed Soldiers' families throughout the deployment.

"The families of the 25th CAB will pull together as one ohana, (or family), to take care of each other," Tate said. "The rear detachment stands ready to help families in need in the Family Support Center, as their first mission before all else."

HAWAI'I ARMY WEEKLY

"When work is finished."

www.hawaiiarmyweekly.com

FRIDAY, JANUARY 20, 2012



Randal Kumagai (left), intelligence analyst, 8th STB, 8th TSC, prepares to fight Michael Hudson (right), 2nd Battalion, 11th Field Artillery Regiment, 2nd Brigade Combat Team, 25th Infantry Division, during TAMC's



Randal Kumagai (left) holds Michael Hudson in the "Gracie guard," during TAMC's Combatives Tournament. Kumagai followed a rigor-

Losses hold learning experiences

Story and Photos by

SGT. GAELEN LOWERS

8th Theater Sustainment Command Public Affairs

SCHOFIELD BARRACKS — There is always a silver lining. That is the hard lesson learned by Randal Kumagai, intelligence analyst, 8th Special Troops Battalion, 8th Theater Sustainment Command, after his second loss of the day during the Tripler Army Medical Center Combatives Tournament, Jan. 13-14, at Martinez Gym, here.

"It was a very good learning experience," Kumagai said. "I met some great guys. Win or lose, I always learn something, and I seem to learn the harder lessons from the matches I lose more so than the ones I win. The losses stick with you longer. Today, I learned quite a bit."

As he prepared for the tournament, Kumagai started training, weighing in at 160 pounds. The weight class that he was going to fight in was the 140-pound Lighweight catego- $\ensuremath{\mathrm{ry}}.$ He had six days to make the weight.

"Part of the appeal was people saying that it couldn't be done, so naturally I had to try," he said. "Managing hydration was a critical portion of the diet. I lost 12 pounds in water-weight alone."

His chain of command was supportive, he said. His chain of command allowed him to conduct physical training on his own, permitting him to do the training necessary to lose the weight and prepare for the tournament.

After the weigh-in, Kumagai started eating more to regain some of the strength and weight he had lost by dieting.

"From the time I stepped off the scale, sat down and starting eating, I gained eight pounds," he said.

The matches presented him a varied group of wrestlers, grapplers, judo fighters and many other forms of mixed martial arts fighters, but fighters who train on a regular basis outside of military were the ones that were

See 8th TSC, B-5

Winners

Featherweight

Champion: Marie Cabel, TAMC Second place: Hannah Bienhoff, TAMC

Champion: Marrell Reeves, TAMC Second place: Alvin Concepcion, TAMC

Third place: Calvin Johnson, 307th ESB, 516th Sig. Bde., 311th Sig. Cmd.

Welterweight

Champion: Kris Concepcion, TAMC

Second place: Joseph Yeampierre, 2nd Sqdn., 14th Cav. Regt., 2nd BCT, 25th ID

Third place: Alexander Young, 2nd Sqdn., 11th FA

Regt., 2nd BCT, 25th ID

Champion: William Majestic, 53rd Sig., 1st Space Bde. Second place:David Cancel, 1st Bn., 27th Inf. Regt., 2nd BCT, 25th ID

Third place: Andrew Kish, 1st Bn., 14th Inf. Regt., 2nd BCT, 25th ID

Cruiserweight

Champion: Jody Ashline, 2nd Sqdn., 11th FA Regt., 2nd

Second place: Dale Marino, 411th Eng. Bde. (Theater

Third place: Cory Miles, 2nd Sqdn., 11th FA Regt., 2nd

BCT, 25th ID **Light Heavyweight**

Champion: Terence Siemon, TAMC

Second place: Bryant Watrous, 523rd Eng. Co., 84th Eng. Bn., 130th Eng. Bde., 8th TSC

Third place: Robert Villalpando, 4960 MTB, 9th MSC

Heavyweight Champion: Kyle Smith, 2nd Sqdn., 14th Cav. Regt., 2nd

BCT, 25th ID

Second place: Shaun Convers, 311th Sig. Cmd. Third place: John Gilfeten, 2nd Sqdn., 11th FA Regt., 2nd BCT, 25th ID

Team Standings

Champion: TAMC, 910 points

Second place: 2nd Sqdn., 11th FA Regt., 2nd BCT, 25th

Third place: 2nd Sqdn., 14th Cav. Regt., 2nd BCT, 25th ID, 425 points

Tournament helps build camaraderie

STEPHANIE BRYANT

Tripler Army Medical Center Public Affairs

SCHOFIELD BARRACKS — Service members from across the island came together for Tripler Army Medical Center's Combatives Tournament, Jan. 13-14, at Martinez Fitness Center, here.

Preliminary fights, which consisted of one, five-minute round were held Jan. 13. During the semifinals and finals, Jan. 14, matches consisted of two, five-minute rounds.

Dominique Ramos, combat medic, Pediatric Clinic, TAMC, was the main coordinator for the event. She said organizing the

event was not easy, but she wanted to see it through to the end. "There is a big demand for the Modern Army Combatives Program," Ramos said. "I really enjoy doing combatives and this was a great way to bring all the units together. It takes an individual's

sport and transforms it into a team sport." Ramos, who is level-2-certified in combatives, said Troop Command hopes to turn this into an annual event.

Randal Kumagai, intelligence analyst, 8th Special Troops Battalion, 8th Theater Sustainment Command, was excited to sign up for the competition.

"I think the fact that Troop Command held a combatives tournament is great," Kumagai said, who is also level-2-certified in combatives. "It is a great way to see how you match up against others and it builds a lot of camaraderie among the troops."

Safety was a top priority for Troop Command when organizing and managing the event, said Yolanda Moore, Pediatric Clinic,

"We have two ambulances on standby, two doctors and countless medics on hand," Moore said. "Each participant was evaluat-

ed after each round they competed in." Local Ultimate Fighting Championship fighter, BJ Penn, came out to support the tournament. He welcomed everyone to meet

him and signed autographs. Penn said he is very happy to see the military embracing jujit-

"The Army has brought combatives to such a high level," Penn

He said the great thing about combatives is that you don't have

to think of yourself as a fighter and take it seriously.

"It is a great way to stay in shape and is good as a hobby," he

One hundred competitors participated in the tournament. Troop Command offered a bronze, silver and gold medals for each of the seven weight classes. The unit with the most points collectively also took home a trophy.



Courtesy Photo

Dominique Ramos, combat medic, Pediatric Clinic, TAMC, attempts to subdue her opponent during TAMC's Combatives Tournament, Jan. 13-14, Martinez Fitness Center at Schofield Barracks.



Today

Pro Bowl Ohana Day — Register by noon, Jan. 20, to participate in Pro Bowl Ohana Day, 9 a.m.-noon, Jan. 28, at Aloha Stadium, Honolulu.

Limited free transportation is leaving at 7:45 a.m., from Schofield Barracks Bowling Center, and 8:15 a.m., from Fort Shafter's Richardson Theatre. Transportation is open to those with military ID cards. Event is free and open to the public. Call 655-0115 or visit www.mwrarmyhawaii.com.

Employment Orientation – Get employment information on federal, state, private sector and staffing agencies, 9-10:30 a.m., Jan. 20, Schofield Barracks' ACS. Reference materials, job listings, computers and more are always available for use. Call 655-4227.

21 / Saturday

Hike and Whale Watch — Hike and watch whales, Jan. 21, with Outdoor Recreation, Schofield Barracks. Cost is \$32. For start time or to register, call 655-0143.

23 / Monday

Chinese New Year — Celebrate Chinese New Year's Year of the Dragon by making a dragon puppet, 4-6 p.m., Jan. 23, AMR Library, and 3-5 p.m., Jan. 26, Sgt. Yano Library, Schofield Barracks. Supplies will be provided. Call 833-4851 or 655-8002.

Free Hula Classes — The Native Hawaiian Liaison Office, USAG-HI, welcomes all Soldiers and families to participate in free hula classes. Beginner classes are 5-6 p.m.; advanced classes are 6-7 p.m. Call 655-9694 or email nhliaison@gmail.com.

Classes are held the following days and locations:

•Mondays, Kalakaua Community Center, Schofield Barracks.

•Tuesdays, AMR Community Center.

24 / Tuesday

Create a Valentine — Families are invited to create a special Valentine. The library will provide all the supplies; you bring the creativity. Come to the AMR Library, 2-4 p.m., Jan. 24, or Sgt. Yano Library, 2-4 p.m., Jan. 25. Call 833-4851 or 655-8002.

26 / Thursday

Conflict Resolution — During this interactive workshop, participants will learn how to recognize the signs of conflict in their lives, 9 a.m.-10:30 a.m., Jan. 26, ACS Training Center, Building 647, Schofield Barracks. Class will talk about communication, relationships and how to resolve issues. Call 655-0613/0669.

Community Calendar

Send announcements a week prior

to publication to community@

hawaiiarmyweekly.com.

21 / Saturday

Volksmarch — Join the Mene-

hune Marchers Volksport Club on a

5K or 10K, Jan. 21, Asing Community

Park, 91-1450 Renton Road, Ewa.

Start between 7:30-10:30 a.m. Call

/menehunemarchers.

626-3575 or visit www.ava.org/clubs

22 / Sunday

Bishop Museum will celebrate the

birth of Charles Reed Bishop,

founder of Bishop Muse-

um, with free admission,

11:30 a.m.-12:15 p.m.,

Jan. 22, for kamaaina

and military with valid

identification. Regular

admission rates will apply to

the general public. This event includes

chants and hula performed by more

than 100 students from the Kame-

visit www.bishopmuseum.org.

hameha Schools Kapalama Middle

School. The museum is located at 1525

Bernice St., Honolulu. Call 847-3511 or

24 / Tuesday

Bishop Museum Celebration —



Donna Klapakis | 599th Transportation Brigade Public Affairs

WHEELER ARMY AIRFIELD — Volunteers from the 599th Transportation Brigade paint a new Foursquare game at the Wheeler Elementary School playground, here, Jan. 11. The volunteers laid out and painted two new Foursquare courts and two Hopscotch areas, and repainted faded borders and tether ball lines.

Pictured clockwise from from lower left are: Staff Sgt. Rufus Brumfield, noncomissioned officer in charge, Command Operations Center; Command Sgt. Maj. Kevin McKeller, senior enlisted leader; Sgt. 1st Class Joanene Lassiter, personnel NCOIC; Sgt. 1st Class Nadine Abdul, logistics NCOIC; John Fisher, chief, Sealift Management Office; and Sgt. 1st Class LoNika Harris, first sergeant.

31 / Tuesday

Great Aloha Run — Register by Jan. 31 for this annual event in Honolulu that takes place, Feb. 20. Cost is \$15 for active duty and \$30 for all others. Active duty military units can participate in the Sounds of Freedom composed of units running in formation. This division is not timed but maximum participation is rewarded. Contact the SOF coordinator at 655-0856 or richard.kam@us.army.mil to participate.

Individual military entrants line up with the rest of the public on race day. There are prizes for the top three military male and female runners.

Individual runners can call 528-7388, visit www.mwrarmyhawaii.com, or www.greataloharun.com.

February

1 / Wednesday

Texas Hold 'em — Test your poker playing skills at Texas Hold 'em at Hale Ikena, Fort Shafter, Feb. 1. Enjoy great food and drink specials all while playing for prizes. Call 438-1974.

3 / Friday

Right Arm Night — Celebrate Mardi Gras early with drink specials and an all-you-can-eat New Orleansstyle buffet. Play in the Texas Hold 'em tournament for prizes. Purchase tick-

www.RoyalHawaiianCenter.com or

•Farmers Market, 3:30-7 p.m.,

Tuesdays, atop the rooftop of Build-

•Guests can enjoy the pau hana

jam, 6-7 p.m., Tuesdays through Fri-

ries presents a hula school and its

dancer in the Royal Grove, 6-6:30

p.m., Saturdays, performing tradi-

tional hula with drumming and

rary talents of local musicians,

7:30-8:30 p.m., every Saturday

chanting as the accompaniment.

•The Royal Grove is alive with the

SOS Meeting — Survivor Support

cluding battle buddies, will be 5-

8 p.m., Jan. 24, at the SOS Cen-

ter, Fort Shafter Aloha Center,

26 / Thursday

Magic Classes — Free magic

classes are held at the Kalihi-Palama

Library, 6 p.m., Jan. 26. A different as-

pect of magic is taught every month

must accompany children under 16.

Island Ice Skating — Windward

Mall in Kaneohe welcomes a synthetic

skating rink through Jan. 26, 2-9 p.m.,

Monday-Friday; 10 a.m.-9 p.m., Sat-

urdays; and 10 a.m.-5 p.m., Sundays.

on the fourth Thursday. A parent

Call 234-5262 or 216-9672.

Building 330. Call 438-9285.

Group Meeting for all survivors, in-

beautiful traditional and contempo-

•The Hula Kahiko at Helumoa se-

days, in the Royal Grove.

call 922-2299

ing A.

evening.

ets at Hale Ikena; \$5 in advance or \$8 at the door. This is an adult event. Call 438-1974.

5 / Sunday

Super Bowl XLVI Party -Watch the game, 11 a.m., Feb. 5, at the Tropics Warrior Zone, Schofield Barracks, while enjoying food and beverage specials, football block pool, prizes and more. Entry is free. Call 655-5698. Tropics Warrior Zone is an 18 and older facility.

Ongoing

Men and Women's Volleyball — Bring your best skills to the playing field. Men's and Women's Beach Volleyball and Men's Floor Volleyball entry deadline is Feb. 1. Women's Floor Volleyball entry deadline is March 1. Call 655-0856.

Family Library — Army Community Service's Family Advocacy Program at Schofield has consolidated libraries for both New Parent Support and the Exceptional Family Member Program into one parenting-skills lending library for military families. Call the New Parent Support Program at 655-4787.

Pro Bowl — Tickets for the game are on sale at the Schofield Barracks Army Leisure Travel Services Office

and are sold on a first-come, firstserved basis. Ticket purchasers must have a military ID card and be 18 years of age or older. Call 655-9971. The annual contest of the AFC and NFC's best will take place Jan. 29, at Aloha Stadium, Honolulu.

versity of Hawaii tickets at Army Leisure Travel Services, Schofield Barracks. Visit the office or call 655-9971.

Spouses of deployed Soldiers can learn how to check their vehicle's oil, fluids and tire pressure. Schedule an appointment at the Fort Shafter Auto Skills Center at 438-9402.

reservation by noon the day before for the following month's events. Email amanda.p.montgomery@

Vehicle Safety Inspection – Don't forget to check your vehicle inspection sticker located on your vehicle's right rear bumper to see if it's about to expire or already has. No appointment is necessary. Call Fort Shafter's Auto Skills Center at 438-

UH Football Tickets — Buy Uni-

Free Auto Skills Class —

No-Show Policy — Blue Star Card holders who register for an event and can't attend need to cancel their the event. Without cancellation, BSC holders will be considered no-shows, resulting in being placed on a wait list us.army.mil.

9402 or Schofield Barracks at 655-9368.

scholarship, the student must have a

current military ID card and be an un-

married child - no older than 21, or 23

if enrolled as a full-time student at a

member on active duty, Reserve, Na-

tional Guard, a retiree, a survivor of a

military member who died while on

active duty or a survivor of a re-

ers — Gift vouchers can be pur-

chased to help military families in

need enjoy holiday meals or to just

give the gift of groceries to single Sol-

diers. Gift vouchers are available in

or military, can purchase them, but

\$25 denominations. Anyone, civilian

only authorized shoppers can redeem

them. Find vouchers at commissary

customer service areas, cash offices

and from cashiers at the full-service

Operation Kid Comfort — This

program is designed for children with

a deployed parent. Children under the

age of 6 are given a quilt, and children

7 and above receive a pillow. Armed

Services YMCA volunteers and staff

receive photos from the recipient's

family and assemble them into a quilt

or pillow. Interested families should

CA at 473-3398 or email

Program — Four new

See COMMUNITY, B-4

contact the Pearl Harbor ASYM-

pearharbor@asymcahi.org.

Financial Readiness

checkout.

Commissary Gift Vouch-

college or university - of a service

worship Services

Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu).

AMR: Aliamanu Chapel Fort DeRussy Chapel FD: Helemano Chapel HMR: Main Post Chapel,

Schofield Barracks Aloha Jewish Chapel, Pearl Harbor

Soldiers' Chapel, Schofield Barracks TAMC: Tripler Army

Medical Center Chapel WAAF: Wheeler Army Airfield Chapel

Buddhist Services •First Sunday, 1 p.m. at FD

•Fourth Sunday, 1 p.m. at MPC Annex **Catholic Mass**

•Thursday, 9 a.m. at AMR

·Saturday, 5 p.m. at TAMC,

- WAAF and FD Sunday services: - 8:30 a.m. at AMR
- -10:30 a.m. at MPC Annex -11 a.m. at TAMC
- •Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship

•Sunday, noon. at MPC •Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

•Friday, 1 p.m. at MPC Annex •Friday, 2:30 p.m., TAMC •Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath) •Monday, 6 p.m. at PH (Bible

Study) •Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

Pagan (Wicca)

•Friday, 7 p.m. at MPC Annex

Protestant Worship Sunday Services

-9 a.m. at FD, MPC and TAMC chapels -9 a.m. at WAAF chapel, Lutheran/Episcopalian -10 a.m. at HMR -10:30 a.m. at AMR

Single Soldiers' Bible Study Wednesday, 11:30 a.m. at SC; lunch is provided.

Worship Service •Sunday, 6 p.m. at SC.

This Week at the Joint Base Pearl Harbor-Hickam **Memorial Theater**

Call 624-2585 for movie listings or go to aafes.com under reeltime movie listing.

Arthur Christmas

(PG) Fri., Jan. 20, 6 p.m. Sun., Jan. 22, 2 p.m.



The Twilight Saga: **Breaking Dawn Part 1**

(PG-13) Fri., Jan. 20, 8:30 p.m.

UPPETS



The Muppets

(PG) Sat., Jan. 21, 4 p.m.

New Year's Eve

(PG) Sat., Jan. 21, 7 p.m.

At time of print, movie times were unavailable for Wed., Jan. 25 and Thurs., Jan. 26. No shows on Mondays or Tuesdays.

Cost of skate rental and ice skating is \$10 for adults and \$5 for children.

28 / Saturday

Pearl Harbor — The Battleship Missouri Memorial is offering free admission to kamaaina and military personnel, 8 a.m.-4 p.m., Jan. 28. The event celebrates the 68th anniversary of the USS Missouri's launching and 13th anniversary of the ship's opening as a memorial in Pearl Harbor. The celebration includes band performances, educational demonstrations and a free Battleship birthday party giveaway. The free "Mighty Mo Pass" is valid for all active duty, retired military personnel and military family members with valid Department of Defense IDs, as well as all Hawaii residents with Hawaii photo IDs (such as driver's licenses). For individuals without base access, complimentary roundtrip shuttle bus service from the Pearl Harbor Visitor Center will be available. Visit www.ussmissouri.com.

Scholarships for Military Children — Applications for the 2012 Scholarships for Military Children program are available through Feb. 24, at commissaries and at www.commissaries.com or www.militaryscholar.org. The program awards at least one \$1,500 scholarship to a student at

Ongoing

each commissary. To be eligible for a

EFMP: Exceptional Family Member IPC: Island Palm Communities Program FMWR: Family and Morale, Welfare and

Recreation

SKIES: Schools of Knowledge,

TAMC: Tripler Army Medical Center USAG-HI: U.S. Army Garrison-Hawaii WAAF: Wheeler Army Airfield

Come check out January events. Visit **Calendar abbreviations**

Royal Hawaiian Center —

8th TSC: 8th Theater Sustainment Command 25th ID: 25th Infantry Division ACS: Army Community Service AFAP: Army Family Action Plan

AMR: Aliamanu Military Reservation BCT: Brigade Combat Team BSB: Brigade Support Battalion Co.: Company CYSS: Child, Youth and School Services

AFTB: Army Family Team Building

FRG: family readiness group HMR: Helemano Military Reservation Inspiration, Exploration and Skills



Courtesy Photos

Construction as seen here will break ground in a few new areas this year, including AMR's Hibiscus neighborhood and Red Hill Mauka. Families are slated to move in July 2015.

New home construction on Schofield, HMR are underway

ISLAND PALM COMMUNITIES

News Release

SCHOFIELD BARRACKS — Construction crews soon will return, here, and make their first appearance at Helemano Military Reservation to build more new homes for Soldiers and their families.

Site work at HMR will begin in February with construction getting underway in May to develop 146 new homes.

Like many Island Palm Communities that offer views of Diamond Head, Pearl Harbor or the Waianae Mountain Range, families at HMR – situated atop the Wahiawa Plains – will enjoy million dollar views of Oahu's North Shore.

The final development phase of the Kalakaua Community, here, is slated to begin November, which includes building 296 homes on the South Range.

The first group of homes at HMR will be turned over, January 2013, and families will begin moving into the first new homes on the South Range, July 2013.

In IPC's south communities, construction of new homes will continue in Aliamanu Military Reservation's Rim Loop and Valley View (Phase 1) neighborhoods.

More than 30 families moved into Rim Loop this month, and 31 new homes will be delivered through the end of February.

Valley View will begin turning over the first of 101 new homes in August and is schedule to be completed in December.

Construction teams will conduct site work in February for 44 new homes in Valley View (Phase 2), and crews will begin construction of 137 new homes in AMR's Hibiscus neighborhood in May. Turnover of homes in both areas will take place in 2013.

Across the freeway in the Red Hill Mauka neighborhood, 71 new homes are planned and site work will get underway in March. Moving east to Fort Shafter, a little more than a dozen homes that were built in 1961 will be demolished in March; construction will begin next year to replace these homes, which will become available in 2014.



Preparations for new home construction are underway next month in the HMR community where IPC plans to build 146 new homes, as seen here, for Soldiers and their families.

B-4 | JANUARY 20, 2012 HAWAII ARMY WEEKLY

Early detection is key in preventing cervical cancer

ALYSSA WHETSTINE

TriWest Healthcare Alliance

PHOENIX — Did you know that cervical cancer was once a leading cause of cancer deaths in American women?

In fact, in many developing countries, it

However, cervical cancer deaths in the U.S. fell by about 70 percent between 1955 and 1992, according to the American Cancer Society.

What caused this difference?

moments with your family.

One life-saving exam: the Pap test. Many women don't go to the doctor for their annual Pap tests, often because of misunderstandings about the exam. Avoiding this test boils down to one important thing: not having it could take you away from life's most important

Let's take a few minutes to debunk some common myths.

Myth: I can skip a few Pap tests without serious consequences.

According to ACS, 60 to 80 percent of women diagnosed with invasive cervical cancer haven't had a Pap test in the past five years. Skipping just a few of these exams can allow cancer to develop without you knowing.

Myth: If I'm going to get cervical cancer, a test won't make a difference either way.

When found early, cervical cancer is highly treatable. Nearly 90 percent of diagnosed women survive because of early detection, according to the ACS. That's why getting your Pap tests can mean the difference between life and death.

Myth: Once I'm done having children, I can stop getting my Pap tests.

If you've given birth to three or more children, you have a greater chance of developing cervical cancer, according to the Centers for Disease Control and Prevention. Plus, this cancer often forms after a woman's child-bearing years.

Myth: If I've had the human papillomavirus, or HPV, vaccine, I can't get cervical cancer, and I don't need any more Pap tests.

The HPV vaccine only protects against the few strains of the virus, which cause most cervical cancers. However, they're not the only causes. Getting vaccinated is highly recommended, but it does not mean you will never get cervical

So take the time, make the time. Call for that appointment.

For more information about cervical cancer prevention, visit www.triwest.com/Pap.

Early detection of glaucoma could help

MICHAEL D. PATTISON U.S. Army Public Health Command

ABERDEEN PROVING GROUND, Md. — National Glaucoma Awareness Month is this

month and it was set aside to help educate people on the leading cause of preventable blindness in the world. Glaucoma is a group of diseases that dam-

age the optic nerve in the back of the eye, which can result in a loss of vision. The biggest problem is that most people are

usually not aware of any changes in their sight until they have lost around 40 percent of their total vision

This loss normally starts in the periphery or side vision and can progress to total blindness.

More than two million Americans have glaucoma, with about 120,000 being blind because of the condition.

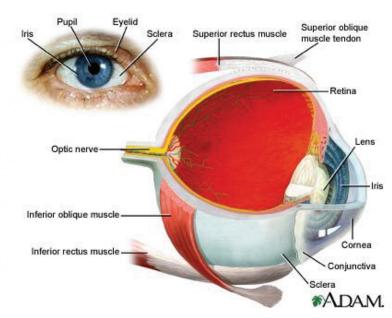
The troubling fact is that most experts estimate that half of those people are not even aware that they have it.

The best way to prevent significant vision loss from glaucoma is early detection through a periodic, comprehensive eye examination from an eye doctor. This is especially important in African-

Americans, Hispanics, the elderly, and those with a family member who has glaucoma since these people are more likely to have How often a person should be examined can be determined between individuals and

their doctors. Those in higher risk groups can expect to be required to have an eye examination more regularly. Vision screenings where only the pressure

in the eyes is checked are not the same as a comprehensive eye exam. High pressure in the eyes alone does not necessarily mean a person has glaucoma.



Graphic Courtesy of National Library of Medicine

Glaucoma is a group of diseases that damage the optic nerve in the back of the eye, as seen here, which can result in a loss of vision.

Additionally, a person does not need to have high pressure in the eyes to have glaucoma. When seeing an eye doctor, make sure to ask for a comprehensive eye exam.

If diagnosed with glaucoma and it is detected early, treatments such as eye drops or surgery can usually stop or slow the progression of vision loss.

Currently, there is not a cure for glaucoma, although a lot of research is being done to find one.

One important thing to know is that the vision loss caused by glaucoma does not return with treatment; vision loss that has already occurred is permanent. Treatment only stops or reduces the rate of new vision loss which is why periodic comprehensive eye examinations are so important.

Choosing an eye doctor is important because glaucoma, like high blood pressure and diabetes, is a disease which needs to be treated for life. Be willing to discuss any side effects or symptoms resulting from medication, and make certain there is clear understand and written directions on how and when to take medicine. Make certain to take medicine as it is prescribed. Remember, the most important thing in preventing the loss of vision due to glaucoma is early detection. Sight is a precious gift; take good care of it.



CONTINUED FROM B-2

categories of authorized Army Emergency Relief assistance were approved for implementation: dental care for family members, furniture, rental and replacement vehicles, and scholarships. Call 655-7132.

•AER funds may be provided to obtain essential and economical furniture, such

as bedding, sofa, kitchen table and crib for Soldiers establishing an initial household. Replacement of essential furniture is also authorized based upon loss of furniture resulting from a natural disaster.

 AER funds may be provided to obtain rental vehicles for Soldiers on emergency leave or awaiting major repairs of a primary vehicle. Rental period will generally be between seven-10 days. When the cost of repairing a privately owned vehicle is greater than the value of the vehicle, limited AER funds may be provided for a down payment to obtain a more reliable vehicle.

•Scholarship applications for spouses and dependent children are available on www.aerhq.org. The application is available through April 2, for academic year 2012-2013.

Parent Participation Preschool -This program is designed for children ages 3-4 to help get them ready for kindergarten. The Armed Services YMCA also provides respite care for any siblings not attending the class. Classes are held 9-11 a.m., Monday-Thursday. Two days a week is \$40 a month, four days a week is \$60 a month. Call 624-5645 or email wheeler@asymcahi.org.

Entries for GAR now being accepted

ROCHELLE SMOLINSKI Contributing Writer

HONOLULU — Slap on some sunscreen and tighten up those laces, the 28th annual Great Aloha Run starting gun sounds bright and early this President Pour Falono.

idents Day, Feb. 20.

The 8.15-mile course begins at the Aloha Tower, here, and ends at the Aloha Stadium via the Nimitz and Kamehameha highways, with three aid stations set at intervals along the

Participants can register in categories such as Elite, Competitive Wheelchairs and Handcycles, President's 100 Club and Walking Strollers Only.

Soldiers are encouraged to sign up for the new Individual Military and Sounds of Freedom divisions comprised solely of active duty units from all branches of service. Unlike other racing groups, this division is not timed and all runners will be rewarded for participation and receive a T-shirt for finishing.

"The Sounds of Freedom is a separate category of service men and women from each service running as a combined group, in formation," said Peter Burke, sports specialist; Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii. "Each service has a specific place in the formation determined by seniority of service (Army, Marines, Navy, Air Force and Coast Guard). Cadence is (called) throughout the run until the finish line."

According to the GAR website, the

Sounds of Freedom theme was coined by a Marine Corps general who said that when people hear a military cadence being called, it is a reminder of the freedom military service members protect.

Whether the call is great or small, the sound stands as testament to the protection of that freedom.

While the Sounds of Freedom division has its own rewards, individual military runners can compete for the three top male and female finishers, winning \$250, \$500, and \$1000 for placing.

The Military and Sounds of Freedom divisions will have a silent start at 6:53 a.m., and the run officially begins at 7 a.m. The race is estimated to take 80-90 minutes for lead runners, or about eight, 10-minute miles.

Sounds of Freedom runners will have exclusive buses running continuously for pickup and drop-off on various military bases starting at 4 a.m. The buses are for active duty members only.

The military entry forms warn entrants not to drive privately owned vehicles to the starting line or board the shuttles meant for the public as these will drop active duty participants at the wrong starting line.

Military runners will be staged at the end of Punchbowl on Nimitz for their starting line. Soldiers are encouraged to listen to instructions from the Army noncommissioned officer in charge at the Capitol Building.

Coordinators warn that no one but active duty members can run in formation. Service members are expected to stay with their units on the bus, during instruction before the race and during the run.

Whether military members run alone or with their units, the GAR is a proud moment for active duty service men and women to shout their cadence for their country.

Pfc. Marcus Fichtl | 8th Military Police Brigade Public Affairs, 8th Theater Sustainment Command

Active duty military units run in the Sounds of Freedom category during the Great Aloha Run, Feb. 20, 2011.



The Great Aloha Run

To register for the Military and Sounds of Freedom division, participants can enroll online at www.greataloharun.com or mail in a completed Military Entry Form to Great Aloha Run, P.O. Box 29750 Honolulu, HI 96820-2150.

To participate in the Military and Sounds of Freedom division, call Richard Kam at 655-0856 or email him richard.kam@us.army.mil.

For more information on the GAR, call 528-7388 or visit

• www.mwrarmyhawaii.com or www.greataloharun.com.



8th TSC: Respect wins

CONTINUED FROM B4

the most challenging.

"Those are the toughest guys; the higher echelon," he explained. "Those are the guys that I knew I would have trouble with. They have far more experience than me. I knew that they would hit me with something that I have never seen before. I expected that. I knew that was going to happen. You just have to go out there and see where you match up."

Kumagai was defeated by the third and second place finishers in his weight class. He held each fighter in high regard and that respect went two ways.

"I think he is as strong as an ox," said Alvin Concepcion, 1984th U.S. Army Hospital Detachment, and second place finisher in Kumagai's weight class. "He has that martial arts spirit. He doesn't have an ego that would stop him from learning. I would like to train with him in the future."

Kumagai's second loss, Calvin Johnson, 307th Expeditionary Signal Battalion, 516th Sig. Brigade, 311th Sig. Command, echoed those thoughts.

"Overall I thought he was a tough opponent," Johnson said. "Everybody here has different backgrounds. If there were striking allowed, I would probably have been in trouble."

All in all, Kumagai thought the tournament was a good experience. You go out there, you see where you match up, and inevitably you come out a better fighter, he said.

"I appreciate the opportunity to be in the tournament, the opportunity to bow in with another opponent," he said. "I may lose but you will never break my spirit. I might not come out on top, but I will always come out fighting."